

## Comprehensive Geriatric Assessment straight from OSCAR

### What's Happening? The Comprehensive Geriatric Assessment is now integrated electronically into OSCAR

Older adults do not need to experience frailty. Frailty can be prevented and delayed with early detection and adequate support. The Community Action and Resources Empowering Seniors (CARES) team at Fraser Health partnered with OSCAR BC and the Divisions of Family Practice to bring you the electronic Comprehensive Geriatric Assessment tool (eFI-CGA) which can calculate a frailty index at point of service. This tool is now conveniently embedded into your EMR, to help support frailty management.

- **What: eFI-CGA** is a tool that calculates a frailty index score from your comprehensive geriatric assessment. The eFI-CGA means the comprehensive geriatric assessment can be completed with Team Based Care approach; it is interactive and auto-populates with patient information.
  - **Where:** Now in many EMR including OSCAR
  - **For Whom:** You and your older adult patients who can benefit from comprehensive geriatric assessments or have a clinical frailty score (CSF) 3-6
  - **Why: eFI-CGA** makes it easier for you to monitor your patients' health status and frailty. It can inform your clinical decision and help you develop a wellness plan with your patients and better support their self-management. This can be used as a yearly complex care planning assessment.
- How:** Find a detailed instruction Guide for Practitioners [HERE](#)

### Need Additional Support? The Social Prescribing Program is available to support your older adult patients' wellness plan

- The Social Prescribing program is a referral pathway enabling health professionals to refer older adults to a range of local, non-clinical services with the help of Seniors Community Connectors
- **Who:** Seniors Community Connectors (SCCs) are designated community resource navigators funded by the United Way of the Lower Mainland, to connect older adults with programs including exercises, nutrition support, and community activities etc. to promote social engagement
- **When:** If you find your patient can benefit from additional community support to support their autonomy and well-being
- **How:** Referrals can be directly to the SCCs directly; Go to [Pathwaysbc.ca](https://pathwaysbc.ca) → Search your community → Search “social prescribing” for SCC referral forms

Please email us if you would like an education toolkit on eFI-CGA

### Questions?

We welcome your questions and feedback. Please reach out to:

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